



THE SWAN

CHOPPINGTON

Relax & Enjoy

GLUTEN FREE APPETISERS

King Prawns in Pancetta <i>with lemon & sweet chilli dressing</i>	£6.95	Traditional Prawn Cocktail	£6.85
Deep Fried Potato Skins (v) <i>garlic mayonnaise</i>	£4.95	Creamy Garlic Mushrooms (v)	£5.95
		King Prawns in Garlic Butter <i>infused with ginger, chilli and coriander</i>	£6.85

GLUTEN FREE FROM THE GRILL

Rump Steak	8oz	£12.95
	16oz double rump	£16.95
Pan Fried Medallions of Fillet Steak <i>to be served seared or cooked through only</i>	8oz	£16.75
	6oz	£13.95
	4oz	£10.95
12oz Gammon Steak <i>with a choice of either fried egg or pineapple ring</i>		£10.95
Mixed Grill <i>4oz fillet medallions (seared or cooked through), 6oz gammon steak, swan sausage, chicken breast fillet & fried egg</i>		£16.75

The four dishes above all have a garnish of tomato &, mushrooms. Each comes with a choice of New Potatoes and Steamed Vegetables, Chips or Mixed Side Salad. A sauce can be added from the list below:

Diane Sauce <i>mushrooms & onions with French mustard, cream & brandy</i>	£3.35
Peppercorn <i>green & pink peppercorns, cracked black pepper & cream</i>	£3.35
Surf & Turf <i>king prawns sautéed in garlic butter</i>	£4.45

GLUTEN FREE FISH

Grilled Salmon Fillet <i>with a creamy lemon & chive sauce, parmentier potatoes and a side of steamed vegetables</i>	£11.95
Sticky Chilli Salmon Salad <i>grilled salmon fillet coated in our own sticky chilli, garlic & coriander glaze on a bed of mixed green salad with warm coriander potatoes</i>	£10.95



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GLUTEN FREE OTHER FAVOURITES

Chicken Breast with a creamy Tarragon & Mushroom Sauce £10.85
with new potatoes and steamed vegetables

Swan Sausage
Pork & leek sausages with mashed potato, roasted carrots & parsnips and onion gravy

<i>three sausages</i>	£9.25
<i>two sausages</i>	£8.25

Grilled Chicken, Bacon and Cheese Melt
resting on a rich tomato & herb sauce with new potatoes and steamed vegetables or chips

<i>standard</i>	£10.65
<i>small</i>	£9.65

Fillet Beef & Mushroom Stroganoff £13.95
with steamed rice

Roast Chicken
served with roast potatoes steamed vegetables and gravy

<i>standard</i>	£9.25
<i>small</i>	£8.25

Chicken Breast or Grated Cheese (v) Salad
with salad leaves, tomato, cucumber, carrot, mixed peppers, chopped new potatoes and mayonnaise

<i>Chicken</i>	£8.95
<i>Cheese</i>	£7.45

GLUTEN FREE SIDE ORDERS

Handcut Twice Fried Chips, New or Mashed Potatoes £2.95

Steamed Vegetables £2.95

Mixed Side Salad £2.95

Seasoned Sweet Potato Fries £3.95

Or upgrade Chips to Sweet Potato Fries for £1.50

Garden Peas £1.65